



The Amateur Judo Association Presents A NATIONAL TRAINING SESSION



Sunday 12th October 2025

NEIL ADAMS 9th dan MBE

Britain's Most Successful Judoka of all time



Olympic Games



Silver Medals - 1980 Moscow & 1984 Los Angeles



World Championships



Gold Medal - 1981 Maastricht



Silver Medal - 1983 Moscow



Bronze Medals - 1975 Paris & 1995 Seoul

EU European Championships



Five-Time European Champion - 1979 Brussels,
1990 Vienna, 1993 Paris, 1994 Liège & 1985 Hamar

Neil Adams is widely regarded as the most successful British judoka of all time and a respected global figure in the sport. Known for his technical precision, Adams earned admiration not just for winning, but for the spirit and sportsmanship he brought to every match. After retiring, he turned to coaching, athlete development, refereeing, and mentoring judoka worldwide.



This is a closed event open to AJA members only

IMPORTANT: *To ensure the session is valuable for all attendees, we ask that participants have the technical proficiency to fully engage in this type of a training environment. Attendance is recommended for judoka holding an orange belt or higher. Judoka of lower grades may attend with their coach's approval, provided they compete regularly and can demonstrate the focus and ability required for this level of training.*

£10

Cash or Card pay on day

Start Time: 9.45am On the Mat for 10.00am

Finish approx. 2.30pm

with breaks throughout the day

Refreshments available
throughout the day

Tea, Coffee, Hot Dogs,
Tuck Shop etc.

Venue: Cedars judo Club, Heath Lane Academy,
Heath Lane, Earl Shilton, Leicester, LE9 7PD

Email: amateurjudoassociation@gmail.com

Text: 07768 510730