



The Amateur Judo Association is affiliated to the British Judo Association the National Governing Body for Judo

THE AMATEUR JUDO ASSOCIATION EAST MIDLAND AREA

Kata Course

Sunday 7th July 2024

Venue

Star Judo Club, Maltings Industrial Estate, Derby Road,
Burton On Trent, DE14 1RN



Time

10.00am until 3.00pm with ½ hour lunch break

Cost:

£5.00 each – Pay on day

The course is for ALL players and abilities.

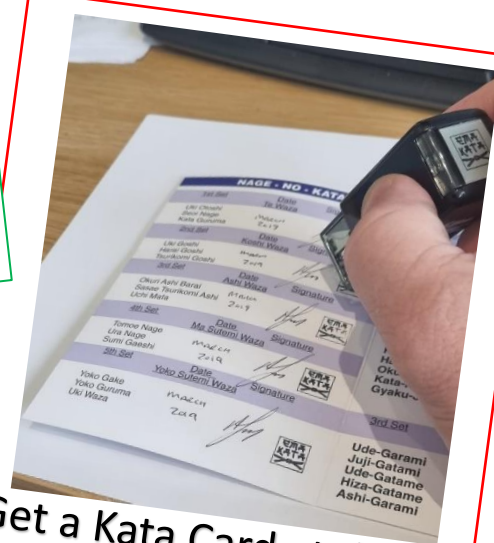
➤ If you have never done Kata and want to start.

➤ If you have done Kata and wish to improve.

Juniors – You need to do Kata for **Blue belt** and above.

Seniors – You need to do Kata for **Green belt** and above.

Club Coaches/Secretaries – Please let Tony Jones know numbers that will be coming from your club by no later than 1st July 2024. Mobile: 07768 510730
Email: cedars.judo@gmail.com



Get a Kata Card at this course and get the Kata signed off for your future gradings (they do not expire).